

Training Center, Studio & Pool

Personal Training Prices

Personal Training

Purchase a Series of Personal Training and Save!

The prices below reflect a savings of 5-10% off of individually priced sessions.

Personal Training	Member	Public
30 minute session	\$45.05	\$53
45 minute session	\$65.45	\$77
60 minute session	\$85	\$100

10 Session Series	(Members Only)
30 minute session	\$428
45 minute session	\$622
60 minute session	\$808

15 Session Series	(Members Only)
30 minute session	\$609
45 minute session	\$889
60 minute session	\$1150

Group Training

Train with a friend! It costs less than two separate sessions and you still receive individualized instruction and encouragement.

60 minute session (prices per person):

4 People	Member	Public
30 minute	\$18.70	\$22
45 minute	\$25.50	\$30
60 minute	\$32.30	\$38

Please inquire if you are looking for group training for less than 4.

Nutrition	Member	Public
60 minute consult	\$149.60	\$176

A 24 hour cancellation policy applies to all appointments. You will be charged in full for appointments not re-scheduled within this time period.

For more information or to schedule an appointment please contact Evan Strewler, Health Ed Director at estrewler@themarsh.com