

# MENU

## SOUPS & STARTERS

**marsh chicken veggie soup** cup 5... bowl 6 **GF**

**seasonal daily soups** cup 5... bowl 6 *please inquire*

**lemon basil hummus plate** 11 **GF** *sub gf crackers*  
served olives, tomatoes, cucumbers, and naan bread

**whole grilled artichoke** 8 **GF**  
served with lemon mint aioli

## SALADS

*Add to any salad: chicken...6, salmon...8 or tofu...4*

**marsh salad** half 8... whole 10 **GF** *no croutons / DF no cheese*  
field greens, tomato, carrot, cucumber, croutons,  
parmesan, marsh dressing

**classic caesar** half 9... whole 11 **GF** *no croutons*  
shaved parmesan, croutons, caesar dressing

**summer berry salad** half 8... whole 10 **GF/DF** *no cheese*  
field greens, mixed berries, blue cheese, walnuts,  
balsamic vinaigrette

**roasted beet salad** half 9... whole 11 **GF/DF** *no cheese*  
arugula, goat cheese, pickled red onion, beets, dried  
apricot, pecans, honey lavender dressing

**southwest cobb salad** 14 **GF/DF** *no cheese, sub dressing*  
grilled chicken, tomato, avocado, bacon, corn, hard-boiled  
egg, beans, cotija cheese, smoked poblano ranch dressing

**asian chicken salad** 12 **GF/DF** *no cheese*  
cabbage slaw, carrots, zucchini, cashews, grilled chicken,  
candy ginger vinaigrette

**fajita salad** 15 **GF/DF** *sub dressing*  
romaine, grilled peppers and onions, roasted corn, cotija  
cheese, sour cream, salsa, guacamole, chicken or steak

**quinoa salad** 10 **GF/DF** *no cheese*  
arugula, roasted sweet potatoes, pepitas, avocado, cilantro,  
tomato, lime vinaigrette

## SANDWICHES & ENTREES

*Sandwiches served with pickle spear and choice of side: petite green salad, fresh fruit, kettle chips or raw veggies  
Split charge... 4 Substitute gluten free bun or bread... 2*

**daily sandwich** 11 *please inquire*

**lentil walnut burger** 11 **DF** *no yogurt*  
cucumber yogurt, grilled onion, tomato & green leaf  
lettuce on multi-grain bun

**grass fed bison burger** 14 **GF** *sub gf bun / DF no cheese*  
caramelized onions & mushrooms, smoked gouda,  
on a chive bun

**california cheeseburger** 12 **GF** *sub gf bread / DF no cheese*  
cheddar cheese, lettuce, tomato, onion, brioche bun,  
side of guacamole

**turkey club** 11 **GF** *sub gf bread / DF*  
lettuce, tomato, bacon, garlic aioli, choice of bread

**tarragon shrimp roll** 12  
brioche bun, choice of side

**black bean chicken quesadilla** 13 **GF** *sub gf tortilla*  
house guacamole & salsa, sour cream, field greens

**flat iron steak** 21 **GF/DF** *no mash / no creme*  
fingerling potatoes, grilled asparagus, mushroom  
bourbon pan sauce

**curry bowl** 14 **GF/DF**  
brown rice, chicken breast, spinach, english peas,  
sweet potatoes, bell peppers, lemongrass, ginger, basil,  
coconut curry sauce

**berkshire pork chop** 20 **GF/DF**  
rhubarb wild rice pilaf, broccoli, mustard herb sauce

**skuna bay salmon** 23 **GF/DF**  
english pea puree, black rice, lemon mint aioli



*Many of our dishes can be prepared as vegetarian - please ask your server.*

While our kitchen is extremely cautious in preparing gluten free **GF** and dairy free **DF** items, please be aware there is always a chance of cross contamination. We encourage you to consider this with regard to your dietary requirements and needs. Ingredient list available upon request.