

MENU

SOUPS & SALADS

Add to any salad: chicken...6, salmon...8 or tofu...4

marsh chicken veggie soup cup 5... bowl 6 **GF**

seasonal daily soups cup 5... bowl 6 *please inquire*

marsh salad half 9... whole 11 **GF no croutons/DF no cheese**

field greens, tomato, carrot, cucumber, croutons, parmesan, herb vinaigrette

greek salad half 10... whole 12 **GF/DF no cheese**

leaf lettuce, feta, Kalamata olives, toasted chickpeas, cucumber, pepperoncinis, green pepper, tomato, lemon dill vinaigrette

berry salad half 10... whole 12 **GF**

mixed greens, jicama, candied pecans, cantaloupe yogurt mint dressing

southwest cobb salad 13 **GF/DF no cheese, sub dressing**

grilled chicken, tomato, avocado, bacon, corn, hard-boiled egg, beans, cotija cheese, smoked poblano ranch dressing

spring salad half 9... whole 11 **GF/DF no cheese, sub dressing**

bibb lettuce, radish, peas, asparagus, avocado, soppressata, parmesan, crispy onions, red pepper basil dressing

quinoa salad 12 **GF/DF no cheese**

figs, sunchokes, cauliflower, pumpkin seed, spinach, goat cheese, grapefruit chimichurri vinaigrette

SANDWICHES

Served with Marsh fridge pickles and choice of side: petite green salad, fresh fruit, kettle chips or raw veggies

Split charge... 4 Substitute gluten free bun or bread... 2

daily sandwich 11 *please inquire*

veggie sandwich 11 **GF sub gf bun / DF**

fresh mozzarella, herby hummus spread, grilled veggies, smoked portabella, cucumber, watercress, on focaccia

bison burger 14 **GF sub gf bun / DF no cheese**

pimento cheese, grilled onion, basil sriracha mayo, brioche bun

lamb burger 12 **GF sub gf bread / DF no cheese**

tzatziki, pickled onions, tomato, grilled white cheese, tomato bun

turkey club 11 **GF sub gf bread / DF**

turkey breast, lettuce, tomato, bacon, avocado, smokey red pepper aioli on wild rice bread

APPETIZERS/SMALL PLATES

Substitute gluten free crackers or bread... 2

roasted veggies & dips 11 **GF sub gf crackers**

seasonal vegetables, hummus, chef's selection of dips and spreads, crackers, olives, naan

baked falafel 9 **GF/DF sub sauce**

with dill harissa cream, slaw, house pickles

shrimp on brioche 10 **GF sub gf bread / DF**

shrimp salad with red onion, dill, mayo, chili oil, on brioche toast

edamame 5 **GF/DF**

steamed, tossed with smoked garlic salt

LARGER PLATES & ENTREES

pacific rim bowl 14 **DF/GF sub rice**

farro, braised short rib or BBQ glazed salmon, slaw, ginger jus, poached egg, house pickles

curry bowl 13 **GF/DF**

sticky rice, chicken breast, spinach, tomatoes, sunchokes, lemongrass, ginger, basil, green coconut curry sauce

risotto 13 **GF/DF no cheese**

with grilled ramps, asparagus, peas, ham, thyme, parmesan, fontina, chili flake

grilled flank steak 16 **GF/DF no cheese, sub sauce**

grilled red onion, zucchini, butternut squash, cotija, smoked poblano jus, corn tortillas, lime



Many of our dishes can be prepared as vegetarian - please ask your server.

While our kitchen is extremely cautious in preparing gluten free **GF** and dairy free **DF** items, please be aware there is always a chance of cross contamination. We encourage you to consider this with regard to your dietary requirements and needs. Ingredient list available upon request.