

The Marsh Pilates Schedule

February 2010

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 a.m.					\$ Group Reformer Intermediate Pilates Studio		
7:00 a.m.			\$Standing Pilates West Studio				
9:00 a.m.							\$ Group Reformer Intermediate Pilates Studio
10:00 a.m.		February 8 Pilates Open Door Pilates Studio					\$ Group Reformer Advanced Pilates Studio
10:15 a.m.		\$ Pilates Mat Int/Adv East Studio	\$ Pilates Mat Beginning West Studio		\$ Pilates Mat Intermediate West Studio		
11:15 a.m.				Yogilates East Studio			11:00am Feb 27 Pilates Open Door Pilates Studio
12:00 p.m.		\$ Group Reformer 101 Pilates Studio	\$ Group Reformer Intermediate Pilates Studio		\$ Group Reformer Int/Adv Pilates Studio		
5:00 p.m.			\$ Group Reformer 101 Pilates Studio		\$ Group Reformer Intermediate Pilates Studio		
6:00 p.m.		\$ Jump Board Reformer Intermediate Pilates Studio			Yogilates East Studio		
7:00 p.m.			Hopkins Girls Golf Mat Class	February 17 Pilates Open Door Pilates Studio			

Class Registration:

- *Sign up by calling the Pilates Group Hotline (952) 930-8597 ext.4444
- *All participants must reserve their appointment in advance (except Yogilates and Open Door)
- *To ensure personal instruction, there is a maximum of 4 participants per Group Reformer class.
- *The Marsh's 24 hour cancellation policy applies to all cancellations.

Pilates Class Pricing:

- Equipment Classes: \$25 per class for Members
 \$35 per class for Non-Members
- Mat Classes: \$95 per 8-week series for Members (3 times/week)
 \$150 per 8-week series for Non-Members (3 times/week)
- Yogilates: Complimentary to Members
 \$15 per class for Non-Members
- Pilates Open Door: Complimentary to Members and Non-Members

Pilates Group Hotline: 952-930-8597 ext. 4444

